

GENESIS CONSULTING GROUP LLC.



-Leadership Consulting & Training
-Entrepreneurial coaching
-Keynote speeches

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Excerpts from a 2007 Harvard Management update:

"...in a 2006 survey by Right Management Consultants (Philadelphia), 86 percent of companies said they used coaching to sharpen the skills of individuals who have been identified as future organizational leaders..."

"At an even more basic level, many executives simply benefit from receiving any feedback at all. As individuals advance to the executive level, development feedback becomes increasingly important, more infrequent, and more unreliable, notes Anna Maravelas, a St. Paul, Minnesota-based executive coach and founder of TheraRising. As a result, she says, "Many executives plateau in critical interpersonal and leadership skills."

Coaching, done properly, is one of the most powerful ways to more effectively and efficiently improve, **you**. When we say you we mean YOU. Generation Y is the first generation to understand fully that there is no such thing as your professional life and your personal life, there is only life. Those on the high side of 40 and older, specifically struggle with this concept.

At Genesis Consulting we approach coaching from a very simple, practical, **reality** based view. First and foremost **you** are responsible for you. Your thoughts, feelings and actions are all your responsibility. This sounds simple but we understand it can be anything but, to actually embrace. The founder, current president and our principle coach, John Gregory Vincent, has developed our methodology over 30 years of research, real world application and self experimentation. He has overcome substance addiction, a violent temperament, and a steady fast refusal to accept responsibility for anything that did not go his way, and found a more peaceful, fulfilling life. Never about perfection it is about simple, powerful adjustments to make your life more enjoyable, productive and satisfying. He refers to his methodology as, "entrepreneurial coaching", since he believes the entrepreneur embodies the essence of self reliance and personal responsibility.

Whether you are seeking to find better life balance, improve your focus, your productivity, your communications with others or reduce your stress and frustration levels, we will help. Heavily influenced by the works of Carl Jung, Albert Ellis and Tony Alessandra the more we work with people and witness the powerful changes they make, the more we are convinced our simple approach has near universal application. The only "if" in all of this is this one. **IF** the client is committed to change, committed to self examination and committed to being open and honest with **themselves**.

We look forward to hearing from you and to working with you to help **you**. Contact John directly via email at inquiry@johngvincent.com or by calling him directly at 843-627-4587.